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הרב דניאל יהודה נוישטט  
מרא דאתרא

## Tishah b'Av 5783 – Thursday

Bath	- Friday after chatzos
Business / Construction	- Thursday night
Cleaning lady for Shabbos	- Thursday after chatzos
Embroidery / Crocheting	- Thursday night
Food preparation (Shabbos)	- Thursday after chatzos
Haircut and Beard Trim	- Thursday night
Laundry / Cleaners (all clothes)	- Thursday night
Laundry separation / preparation	- Thursday after chatzos (if necessary)
Meat and Wine	- Friday after chatzos
Mending / Sewing	- Thursday night
Music and Dancing	- Friday after chatzos
Nail cutting	- Friday morning (Thursday night, if necessary)
Shaving (for Shabbos <sup>1</sup> )	- Thursday night
Shaving (not for Shabbos)	- Friday after chatzos
Sheitel washing and setting	- Thursday night
Shower (lukewarm, for hygiene)	- Thursday night
Shower (hot, for pleasure / Shabbos)	- Friday after chatzos
Shehecheyanu	- Friday after chatzos
Shopping (Shabbos food)	- Thursday after chatzos (if necessary)
Shopping (Shabbos clothes)	- Thursday night
Shopping (weekday clothes)	- Friday after chatzos
Swimming (adults) / Boating	- Friday after chatzos
Swimming / Sprinkling (children)	- Friday morning
Wearing laundered / new clothes / sheitel	- Friday after chatzos <sup>2</sup>

**וכל המתאבל על ירושלים זוכה ורואה בשמחתה**

<sup>1</sup> Not planning to shave again for Shabbos.

<sup>2</sup> If pre-worn or used is not available, fresh or new may be worn from Thursday night.