

**The Area's largest selection of Kosher foods under one roof!**



RETAIL CUSTOMER SALES ONLY.

**PLEASE CHECK STORE HOURS**

SUN. 7:30 am to 7 pm      WED. 7:30 am to 10 pm  
 MON. 7:30 am to 6 pm      THUR. 7:30 am to 11 pm  
 (Closing 6 pm)      FRI. 7:30 am to 5 pm  
 TUES. 7:30 am to 9 pm      SATURDAY CLOSED

**NEW LOCATION!**

201 Reisterstown Road  
 Baltimore, MD 21208  
 PHONE: 410-653-2000  
 EMAIL: 7mm@7-mm.com

Items sold in the following Departments: Fresh Meat, Fresh Fish, Bakery, Deli, Dairy, Appetizing & Hot Food, are Approved by the  
 ☆Vaad Hakashrus Of Baltimore☆  
 when so stated on Sign or Label. For More Information on the Kosher Status of any product call The Star-K Hotline: 410-484-4110



**PRICES EFFECTIVE SUNDAY, SEPTEMBER 4 THRU FRIDAY, SEPTEMBER 9, 2011**  
 CONSUMERS MUST USE THEIR OWN DISCRETION REGARDING THE KASHRUS STATUS OF INDIVIDUAL ITEMS.

See our web site @ [www.sevenmilemarket.com](http://www.sevenmilemarket.com)  
 for our weekly circular, contact information and directions to the store



**Chicken Leg Quarters**  
**\$2.39**  
 LB.

**MEAT & POULTRY**

Frozen Whole Roasters	LB. <b>\$1.99</b>	<b>Cross Pieces</b> <b>\$11.99</b> LB.	14 OZ. PKG. ABELES & HEYMANN Glatt Kosher Beef Frankfurters	<b>\$5.59</b>
Boneless Chuck Steak	LB. <b>\$7.99</b>		Imported 1st Cut Brisket	LB. <b>\$9.99</b>



**Family Pack Ground Beef**  
**\$4.99**  
 LB.



**FLORAL SHOP**  
 Large Selection of Floral Bouquets Available

In Order To Serve You Better and Quicker For Your Holiday Fresh Meat & Poultry Needs All Orders Must Be Placed By Wednesday September 21 And Must Be Picked Up By... Monday September 26

**PASTRIES PLUS BAKERY**  
 We Carry A Large Selection of Baked Goods  
 Check Our In-Store Specials

**PIKESVILLE PHARMACY**  
 Your Prescriptions Prepared While You Shop  
 Great Service

**7 SEAS FISH DEPARTMENT**  
 Try Our New Grilled Fish  
 Fresh Sushi Available ~ Look For In-Store Specials

**ME • LATTÉ CAFE**  
 Summer Time Treats  
 Ice Cold Smoothies  
 Snow Balls ~ Soft Ice Cream ~ Iced Espresso

**APPETIZING**

READY-MADE Whitefish Salad	LB. <b>\$8.19</b>
STORE PREPARED Pepper Slaw	LB. <b>\$2.49</b>
STORE PREPARED Coddies	EA. <b>65¢</b> or <b>6/\$3.49</b>
CHOLOV YISROEL Pepper Jack Cheese	LB. <b>\$9.49</b>
BANNER Pre-Sliced Nova	1 LB. PKG. <b>\$17.59</b>

**DELI & PREPARED FOOD**

STORE PREPARED Rare Roast Beef	LB. <b>\$14.99</b>
STORE PREPARED (PARVE) Diet Health Salad	LB. <b>\$2.99</b>
STORE PREPARED 8 Piece Fried Chicken	<b>\$11.99</b>
•POTATO •SPINACH •KASHA •BROCCOLI •MUSHROOM (MEAT PRICED HIGHER)	EA. <b>\$1.99</b>
28 OZ. CONT.- STORE PREPARED (MEAT) (PLU 767)	EA. <b>\$3.99</b>
28 OZ. PAN - STORE PREPARED (PARVE) (PLU 705)	EA. <b>\$3.99</b>

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# GROCERY SPECIALS

11.5-15.1 OZ. BOX  
ASSORTED

**Quaker Instant Oatmeal** **\$2.79**

6 OZ. CAN

•SMALL •MEDIUM •LARGE  
**Black Pearl Pitted Ripe Black Olives** **\$1.39**

16 OZ. JAR - ALL NATURAL CHUNKY

•MILD •MEDIUM  
**Santa Fe Spikes Salsa** **\$1.59**

28 OZ.

•PETITE DICED •WHOLE PEELED  
**Hunt's 100% Natural Tomatoes** **4/\$5**

29 OZ. CAN

**Hunt's 100% Natural Tomato Sauce** **4/\$5**

12 OZ. BAG

**Kedem Kids Animal Cookies** **\$1.79**

10 OZ. CONT.

•WHOLE JUMBO •SEA SALT & PEPPER  
**Emerald Cashews** **\$4.29**

16 OZ. LOAF

**Green's Honey Cake** **\$3.99**

14 OZ. BAG

•TANGY TWISTER •FRUIT FLAVORED  
**Mike & Ike Jelly Beans** **\$2.29**

100 CT. BOX / 6 FRUITY FLAVORS

FREEZE 'EM & EAT 'EM  
**Pop Ice Freezer Pops** **\$3.69**

6 PACK/6.75 OZ. BTLS. •BERRY BLUE

•CHERRY •GRAPE •TROPICAL PUNCH  
**Kool-Aid Burst** **\$1.19**

11.4 OZ. PKG.

BONUS BAG  
**Spangler Dum Dum Pops** **\$2.19**

14 OZ. PKG.

•CHOCOLATE •CINNAMON  
**Stern's Rugalech** **\$4.99**

9.5-12 OZ. BAG

ASSORTED  
**Utz Tortilla Chips** **2/\$5**

360 CT. PKG. / 1 PLY

FAMILY PACK  
**Dixie Paper Napkins** **\$3.99**

3 PACK •8.5" ROUND CAKE PANS

•2 LB. LOAF PAN •8" SQUARE CAKE PAN  
**Handi-Foil Bake America** **79¢**

50 OZ. BTL.

ASSORTED - LIQUID  
**Arm & Hammer Laundry Detergent** **\$2.99**

64 OZ. BTL. •LEMON •DIET PEACH •SWEET TEA •PEACH

(MADE FROM GREEN & BLACK TEA)  
**Snapple All Natural Tea Drinks** **2/\$4**

## HEALTH FOOD SPECIALS

2.1 OZ. BAR (CHOLOV YISROEL) GLUTEN FREE

**Action Nutrition Whey Protein Bar** **\$1.69**  
•PEANUT BUTTER CHOCOLATE  
•CHOCOLATE MOLTEN DARK CHOCOLATE BERRY BLAST

8 OZ. CUP - GRADE "A" PASTEURIZED

**Nancy's Organic Cultured Cream Cheese** **\$2.79**

16 OZ. CUP - GRADE "A" PASTEURIZED

**Nancy's Low Fat Organic Cottage Cheese** **\$4.19**

22 OZ. BTL. NON-DAIRY •FAT FREE •GLUTEN FREE

**Ah! Laska Organic Chocolate Syrup** **\$4.29**

16 OZ. JAR •NATURAL •SMOOTH/UNSALTED

**Woodstock Farms Raw Almond Butter** **\$7.69**

34.5 OZ. CANISTER

**Maxwell House Original Coffee Roast** **\$11.99**

1.9-4.3 OZ. BOX

•NOODLE •ONION •RANCH •VEGETABLE  
**Lipton Kosher Soup Mix** **\$1.89**

STREIT'S PRODUCTS (NO MSG)

•Matzo Ball Mix  
•Whole Wheat Matzo Ball Mix  
•Matzo Ball & Soup Mix  
•Low Sodium Matzo Ball & Soup Mix **3/\$4**

8.8 OZ. BAG (REGULAR \$1.59)

(ONLY)  
**Osem Couscous Israeli Whole Wheat** **BUY ONE GET ONE FREE**

CANADA DRY GINGER ALE, HAWAIIAN PUNCH, DIET RITE COLA, COUNTRY TIME ICED TEA OR LEMONADE, SUNKIST ORANGE & FRUIT PUNCH, RC COLA, 7-UP, SUNNY D OR PA DUTCH BIRCH BEER



**A&W Root Beer**  
(Regular or Diet)

**10** 2 LTR. BTLS. **\$10**

CAFFEINE FREE, SIERRA MIST, DR. PEPPER, MOUNTAIN DEW, PEPSI MAX, MUG ROOT BEER, PEPSI WILD CHERRY, SCHWEPPES GINGER ALE

**Pepsi-Cola Products**  
(Regular or Diet)



**4/\$5** 2 LITER BTL.

**3/\$9** 6 PACK 16.9 OZ. BTLS.

## DAIRY SPECIALS

6 OZ. CUP

ASSORTED  
**Axelrod Non-Fat Yogurt** **2/\$1**

16 OZ. CUP

ASSORTED  
**Breakstone Sour Cream** **\$1.99**

8 OZ. PKG. (CHOLOV YISROEL) •MEXICAN BLEND •PIZZA

•MOZZARELLA •CHEF BLEND  
**Natural & Kosher Shredded Cheese** **\$3.39**

1 LB. CONT.

ASSORTED  
**Breakstone Cottage Cheese** **\$2.99**

8 OZ. CUP (PARVE)

ASSORTED  
**Tofutti Better than Cream Cheese** **\$2.49**

59 OZ. CONT.

ASSORTED  
**Dole Premium Juice Blend** **\$2.99**

## FROZEN SPECIALS

14 OZ. PKG.

INDIVIDUAL PORTIONS  
**Shindler's Wild Caught Whiting Fillet's** **\$3.99**

44 OZ. PKG. - 18" / 8 LARGE SLICES

•PAS YISROEL •YOSHON •CHOLOV YISROEL

**Eden Café Cheese Pizza** **\$9.99**  
REGULAR OR WHOLE WHEAT

24-30 OZ. BAG •CLASSIC ROUND •MINI

READY TO BAKE OR FRY  
**Kineret Potato Latkes** **\$2.99**

56 OZ. PKG. •PIZZA KNISHES •BAKED ZITI

•EGGPLANT PARMESAN •VEGGIE CHEESE LASAGNA  
•CHEESE LASAGNA •MACARONI & CHEESE  
•PASTITSIA (GOURMET GREEK LASAGNA)  
**Eden Family Sized Entrees** **\$8.99**