



Current as of September 19, 2024

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INGREDIENTS OF CONCERN

- Any type of **Grain** or **Grain Flour** (Wheat, Barley, Oats)
- **Malt**
- **Wheat Germ**

INGREDIENTS NOT OF CONCERN

- **Spelt** (in/from USA and Canada)
- **Maltodextrin** (USA only; Europe may be *chodosh*)
- **Rye**
- **Food Starch**
- **Yeast**

PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
 1. Rabbi O.Y. Westheim of Manchester
 2. Kedassia of London
 3. Rabbi Schneebalg
- **Soy, Teriyaki and Tamari Sauces** | **Bulgur Wheat**

PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED (If purchased after, see the next section.)

- Soft **FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – Sept 1, 2024)
- Soft **PACKAGED** baked goods – 9-15-24
- **Noodles and Pasta** – 9-16-24
- **Barley** – 9-15-24
- **Oats** – 9-15-24
- **Malt** – 3-15-25
- **Beer** – 12-**15-24**

FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES below

Date listed below or earlier *is* yoshon. If later, assume *it is* chodosh. 4-digit codes (e.g., 2594), represent the Julian date (259 is the day and 4 is the year). If the listed code is 2594 (i.e. Sep 15, 2024) then the code on the package can be 259 or **lower**.

BAKED PRODUCTS

1. **BETTY Crocker Mixes** – mixes are yoshon; pizza crusts – 9-15-25
2. **Cookies and Crackers**
 - ALDI'S** Graham Crackers – Mar 19, 2025
 - BLOOM'S** Cookies – always yoshon
 - KEMACH**
 - **Grahams & Crackers** – TBD
 - **Cookies** – with yoshon label only
 - **Breadsticks** – TBD
 - **Flat breads** – TBD
 - **Ice Cream Cones** – with yoshon label only
 - LIEBER'S** Cookies and Crackers – TBD
 - OREOS** (USA only) – always yoshon
 - PAS** – with yoshon label only.
 - SHOPRITE BOWL & BASKET** Graham Crackers – Mar 19, 2025
 - STELLA D'ORO**
 - **Breakfast treats, toast and biscotti** – Mar 15, 2025
 - **Sponge Swiss Fudge Cookies** – Jan 15, 2025
 - **100 Calorie Packs** – May 15, 2025
3. **DUNCAN HINES MIXES**
 - **Cake Mixes and Brownies** – always yoshon
 - **All other mixes** – 9-15-25

4. **Matza** (including **Matza Meal**) – always yoshon
5. **Pretzels (Hard)/Snacks**
 - **HADDAR** – with yoshon label only
 - **HERR'S** – 12-16-24
 - **LANDAU'S** – TBD
 - **LIEBER'S** – TBD
 - **NEW YORK PRETZELS** – 9-15-25
 - **UTZ Honey Wheat Pretzels** – 1-15-25
 - **PRINGLES** (some contain wheat) – code L4259
 - **WISE**
 - .75 oz. & 1.75 oz – 2-4-25*
 - 3.25 oz. – 1-2-25*
 - 8.75 oz. – 12-11-24*
 - **GOLDEN FLUFF** – always yoshon
 - **KITOV** – 9-15-25
 - **SNACK FACTORY** – 9-15-25*
 - **BLOOM'S** – yoshon (malt may be *chodosh*)
6. **Waffles & Pancakes**
 - **EGGO Waffles and Pancakes**:
 - With oats – 12-17-25*
 - Just wheat – 12-19-25
 - **EGGO Thick & Fluffy French Toast/Pancake Bites** (single-serve packets) – 9-15-25
 - **KEMACH Pancake Mix** – TBD
 - **PEARL MILLING CO** – formerly Aunt Jemima
 - Dry Mixes with malt: (Dry mixes without malt always yoshon)
 - Pancakes – TBD
 - Waffles – TBD
 - Frozen:
 - Pancakes – TBD
 - Waffles – TBD

BAKING SPRAY WITH FLOUR (If they don't have flour, there is no concern)

1. **BAKER'S JOY** and **CRISCO** – always yoshon
2. **PAM** – 9-15-26
3. **GLICKS** – always yoshon

BARLEY

1. **GEFEN** – always yoshon
2. **MANISCHEWITZ** – 9-15-25 or 2594
3. **QUAKER** – 9-15-25
4. **UNGER** - always yoshon

BEER

ALL BEER MAY BE PURCHASED AND ASSUMED YOSHON AT LEAST UNTIL 12/15/24

BREAD AND CORN FLAKE CRUMBS

1. **GEFEN** – always yoshon
2. **JASON** – always yoshon
3. **KELLOGG'S** – Dec 15, 2025*
4. **KINERET (Made in Israel)** – always yoshon
5. **LIEBER'S** – TBD
6. **KIKKOMAN PANKO** – Mar 3, 2025*
7. **B'GAN** – with yoshon label only



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CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley or oats, use 9-15-24*).

1. BARBARA

- Oats – 9-15-25*
- Wheat – 9-15-25*
- Original – 4-25-24*

2. CASCADIAN FARMS

- Granolas – TBD
- Other cold cereals – TBD

3. CREAM OF WHEAT – 9-15-25**4. GENERAL MILLS**

- Oats – 10-7-25
- Wheat – always *yoshon*
- Barley – 9-15-25

5. KASHI

- Oats – 9-30-25
- Wheat – always *yoshon*

6. KELLOGG'S (if made in Europe always *yoshon*)

- Oats – 9-15-25*
- Wheat – 9-15-25*
- Barley – 9-15-25*
- Malt – 12-15-25*

7. KEMACH

- Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – TBD
- Corn Crisp, Bunch 'O Krunch – TBD

8. MALT-O-MEAL

Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.

- if contains only oats – 9-15-24* packing date
- if contains only wheat – 9-15-24* packing date
- if contains only barley – 9-15-24* packing date
- 9 mos from packing – Berry Colossal Crunch
- 10 mos from packing – Blueberry Muffin Tops, Honey Graham Squares, Coco Roos, Honey Nut Scooters
- 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
- 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
- 18 mos from packing – Quick Rolled Oats
- 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina

9. NATURE VALLEY – 9-14-25 (except if produced in S America)**10. POST**

- Oats – 9-14-25
- Wheat – *yoshon*
- Barley – 9-15-25
- Malt – 12-15-25

11. QUAKER (USA) [In EY and EU with KF *hechsher* are always *yoshon*]

- Chewy Granola Bars, Chewy 90 Cal Low Fat Granola Bars, Granola Bites 90 Cal – 5-23-25
- Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Real Medleys Hot Cereals, Breakfast Cookies – 5-23-25

- Cocoa Bumpers, Graham Bumpers, Peanut Butter Bumpers, Toasted Oat Bran, High Fiber Instant Oatmeal Packets, Cap'n Crunch, Corn Bran Crunch, King Vitaman, Natural Granola, Oatmeal Squares, Oh!'s, Puffed Wheat, Quisp – 6-23-25
- Life – Instant Oatmeal Packets (Original, Apples & Cinnamon, Fruit & Cream, Maple & Brown Sugar, Raisin, Date, & Walnut, Raisins & Spice, Choc Chip, All Lower Sugar) – 9-23-25
- Oats (Rolled, Instant, Old Fashioned) – 3-23-26

12. SHOPRITE BOWL & BASKET

- Instant Oatmeal – 3-13-26*
- Cold Cereal – info not available

13. STOP & SHOP/GIANT

- Cereal
 - With oats – 9-15-25*
 - With wheat – 9-15-25*
- Oatmeal – 9-15-25*

14. TARGET GOOD & GATHER

- Instant Organic Oatmeal – 9-15-25*

15. WALMART

- Quick Oats – 3-14-26*
- Bran Flakes – 9-15-25*

CHOW MEIN NOODLES

- EDEN** – with *yoshon* label only
- GLICKS** – 0624
- KEMACH** – TBD
- STREIT'S** – always *yoshon* unless labeled *chodosh*
- LIEBER'S** – TBD
- LA CHOY** – info not available

EGG ROLL/WONTON WRAPPERS

- GEFEN Egg Roll and Won Ton Wrappers** – always *yoshon*
- GOLDEN BOWL**
 - Won Ton Wraps – code 152409
 - Spring Roll Wrappers – 9-15-25
- DEPENDABLE** – always *yoshon*
- NASOYA Egg Roll and Won Ton Wrappers** – TBD
- WON TON FOOD CO** – code 91524 (any letters are irrelevant)
- B'GAN** – with *yoshon* label only

FLOUR**1. All Purpose Flour**

- **DEPENDABLE** – with *yoshon* stamp only
- **GIANT/STOP & SHOP** – 8-18-25*
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL** (all mills) winter wheat (if *machmir* for *bitul* 2-4-26; malt 12-15-25)
- **HECKERS** – always *yoshon* (malt 12-15-24)
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags Aug 18, 2025, 50lb bags Aug 18, 2024
- **PILLSBURY** – winter wheat (malt): 12-15-25
- **SHOPRITE** – 3-6-26
- **TARGET/MARKET PANTRY FLOUR/ GOOD & GATHER** – 2-27-26

2. Whole Wheat Flour

- **DEPENDABLE** – with *yoshon* stamp only
- **GOLD MEDAL** (all mills) – 2-4-25
- **HECKERS** – always *yoshon* (malt 12-15-24)
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags 8-18-25, 50lb bags 8-18-24
- **PILLSBURY** – 9-30-25
- **TARGET/MARKET PANTRY/ GOOD & GATHER** – 2-24-26



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3. Bread Flour (High-Gluten Flour)

- **DEPENDABLE** – with *yoshon* stamp only
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL** (all mills) winter wheat (if *machmir* for *bitul* 2-4-26; malt 12-15-25)
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags 8-18-25, 50lb bags 8-18-24
- **PILLSBURY** – winter wheat (malt): 12-15-25
- **TRADER JOE'S** – TBD
- **HECKERS** – always *yoshon*

FROZEN/MISCELLANEOUS

1. **ALLE/MEAL MART** Frozen Products – always *yoshon*
2. **APOLLO** Fillo Dough – 9-15-25 or 2594
3. **DR. PRAEGER'S**
 - Oats – TBD
 - Wheat – TBD
4. **FRENCH'S** French Fried Onions: 9-15-26
5. **GOLDEN**
 - Blintzes – 9-15-26
 - Potato pancakes – TBD
6. **MCCAIN** Fries (that contain flour, e.g. spicy fries): no *yoshon* info
7. **MEHADRIAN** Cookies & Cream Ice Cream – TBD
8. **PEARL MILLING CO** (formerly **AUNT JEMIMA**)
 - Pancakes – TBD
 - Waffles – 9-15-26
9. **PRIDE OF THE FARM** Cookie Dough Ice Cream – always *yoshon*
10. **SHINDLER'S** Products – always *yoshon*
11. **TOFUTTI** Cuties – TBD
12. **TRADER JOE'S** Potato Pancakes – TBD
13. **UNGAR'S** Fish – always *yoshon*

ICE CREAM CONES

The following brands of sugar cones, cake cones and waffle cones are always *yoshon*: **ESSENTIAL EVERYDAY**, **JOY**, **SHOPRITE BOWL & BASKET**, **TRADER JOE'S**, **WALMART GREAT VALUE**, **WHOLE FOODS 365**

KISHKE

The following brands are always *yoshon*: **A&B**, **BENZ'S**, **MEAL MART**, **UNGER'S**

LICORICE/CANDY

1. **DARRELL LEA** – 9-15-25
2. **JOLLY RANCHERS** – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – TBD
4. **PASKESZ** Sour Sticks/Belts – always *yoshon*
5. **RED VINES** – TBD
6. **SHNEIDER'S CANDY PLANET** – *yoshon*
7. **SOUR PUNCH Twists** – 9-15-25
8. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*

NOODLES/PASTA

1. **ALDI** Pasta & Egg Noodles – 9-6-26*
2. **BARILLA**
 - ProteinPLUS Pasta – 8-22-2025*
 - Whole Grain – 2-27-25*
 - Lasagna – 5-13-2026*
 - Other pastas and orzo – 5-13-2027*
3. **CALIFORNIA DELIGHT** – always *yoshon*
4. **EDEN** – with *yoshon* label

5. ESSENTIAL EVERYDAY – 9-16-26***6. GEFEN** Ramen Noodles – Not *yoshon***7. GIANT/STOP & SHOP** – 9-16-26***8. GOODMAN'S**

- Pasta – 9-12-27*
- Egg noodles – 9-12-27*

9. HODGSON MILLS Couscous – TBD**10. KEMACH**

- Egg noodles – TBD unless labeled *yoshon*
- Other pasta products – Sept 1, 2025

11. MANISCHEWITZ – 9-12-27* or 2567***12. MOTHER'S** – code 2596***13. SAN GIORGIO**

- Egg Noodles, Oven Ready Lasagna – 9-16-26*
- Pasta – 9-16-26*

14. NEAR EAST Couscous, Pilaf with Orzo – 9-16-25***15. NO YOLKS** – 9-16-25**16. PENNSYLVANIA DUTCH** Egg Noodles – 9-16-26**17. RALPH'S** – 9-16-26***18. SHOPRITE** Bowl & Basket – 9-16-26***19. STREIT'S** – always *yoshon* (except chow mein)**20. TRADER JOE'S** Pasta – 9-16-27* | Organic/Specialty Pasta – 9-16-26***PIE CRUSTS/PASTRY DOUGH****1. APOLLO** Fillo Dough – 9-15-25***2. GEFEN** Pie Crusts – TBD**3. GLICKS** Graham Cracker Pie Crusts – always *yoshon***4. KEEBLER** Pie Crusts – TBD**5. KEMACH**

- Chocolate Pie Crust – TBD
- Graham Pie Crust – TBD

6. MECHEL'S – All *yoshon***7. MOTHER'S** Graham Cracker Pie Crust – TBD**8. UNGAR'S** Pastry Dough – always *yoshon***SOUP/SOUP MIXES****1. GEFEN** Noodle Soup Cup – not *yoshon* if purchased after 9-15-24***2. KEDEM** – TBD**3. KEMACH**

- Onion, split pea – with *yoshon* label only
- Vegetable – TBD
- Minestrone – TBD

4. LIEBER'S – TBD**5. MANISCHEWITZ**

- Noodle/Pasta – 9-16-24 or 2605

6. SHOPRITE

- Soup mixes – TBD
- Canned (except tomato) – TBD
- Canned Tomato Soup – TBD

7. STREIT'S – always *yoshon***8. TRADITION** – TBD**VINEGAR****1. Regular** Vinegar has no *chodosh* concern.**2. Malt, Tarragon, or Salad** Vinegar (purchased after Dec 15, 2023)**HEINZ**

- Malt vinegar – 6-15-27*
- Tarragon and Salad – 12-15-27*