



YOSHON QUICK REFERENCE GUIDE 5785-86



Current as of September 17, 2025

The Yoshon season has begun. Dates below are based on information from the listed companies and their hashgachos. Dates shown are based on the following general cutoff times FOR PRODUCTS agreed to by all the relevant kashrus agencies: **Pasta, Durum & Semolina** Products: 8-1-25. All other **Wheat, Barley & Oat** Products: 10-1-25. For products not listed here, visit yoshon.com. Anything listed as **TBD** can be assumed Yoshon until at least Sukkos 5786.

INGREDIENTS OF CONCERN

- Any type of **Grain** or **Grain Flour** (Wheat, Barley, Oats)
- Malt**
- Wheat Germ**

INGREDIENTS NOT OF CONCERN

- Spelt** (in/from USA and Canada)
- Maltodextrin** (USA only; Europe may be *chodosh*)
- Rye**
- Food Starch**
- Yeast**

PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
 - Rabbi O.Y. Westheim of Manchester
 - Kedassia of London
 - Rabbi Schneebalg
- Soy, Teriyaki** and **Tamari** Sauces | **Bulgur** Wheat

PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED (If purchased after, see the next section.)

- Soft **FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – 9-15-25)
- Soft **PACKAGED** baked goods – 10-1-25
- Noodles and Pasta** – 8-1-25
- Barley** – 9-15-25
- Oats** – 9-15-25
- Malt** – 3-15-26
- Beer** – 12-15-25

FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2594), represent the Julian date (259 is the day and 4 is the year). If the listed code is 2594 (i.e. Sep 15, 2024) then the code on the package can be 259 or lower.

BAKED PRODUCTS

- BETTY CROCKER** Mixes – mixes are *yoshon*; pizza crusts – 10-1-26
- Cookies and Crackers**
 - ALDI'S** Graham Crackers – 3-30-26
 - BLOOM'S** Cookies – always *yoshon*
 - KEMACH** – TBD
 - Crackers –
 - Cookies:
 - Duplex –
 - Oatmeal –
 - Twist Top –
 - Flat breads –
 - Ice Cream Cones –
 - LIEBER'S** Cookies and Crackers – TBD
 - OREOS** (USA, cookies only) – always *yoshon*
 - PAS** – with *yoshon* label only.
 - SHOPRITE/BOWL & BASKET** Graham Crackers – 3-30-26
 - STELLA D'ORO**
 - Breakfast treats, toast and biscotti – 3-30-26
 - Sponge Swiss Fudge Cookies – 1-29-26
 - 100 Calorie Packs – 5-29-26

3. DUNCAN HINES MIXES

- Cake Mixes and Brownies – always *yoshon*
- All other mixes – 10-1-26

4. Matza (including Matza Meal) – always yoshon

5. Pretzels (Hard)/Snacks

- BLOOM'S** – *yoshon* (malt may be *chodosh*)
- GOLDEN FLUFF** – always *yoshon*
- HADDAR** – with *yoshon* label only
- HERR'S** – 1-1-26
- KITOV** – 10-1-26
- LANDAU'S** – TBD
- LIEBER'S** – TBD
- NEW YORK PRETZELS** – 10-1-26
- PRINGLES** (some contain wheat) – code L5275
- ROLD GOLD PRETZELS** – always *yoshon* (except malt)
- SABRA PRETZELS** – always *yoshon* (except malt)
- SNACK FACTORY** – 10-1-26
- UTZ Honey Wheat Pretzels** – 2-1-26
- WISE**
 - .75 oz. & 1.75 oz – 2-18-26
 - 3.25 oz. – 1-17-26
 - 8.75 oz. – 12-25-25

6. Waffles & Pancakes

- EGGO Waffles and Pancakes:**
 - With oats – 1-1-26
 - Just wheat – 1-3-26
- EGGO Thick & Fluffy French Toast/Pancake Bites** (single-serve packets) – 10-1-26
- KEMACH** Pancake Mix – *yoshon*
- PEARL MILLING CO** – formerly Aunt Jemima
 - Dry Mixes with malt: (Dry mixes without malt always *yoshon*)
 - Pancakes – 10-1-26
 - Waffles – 10-1-26
 - Frozen:
 - Pancakes – TBD
 - Waffles – TBD

BAKING SPRAY WITH FLOUR (If there's no flour – no concern)

- BAKER'S JOY** and **CRISCO** – always *yoshon*
- PAM** – 10-1-27
- GLICKS** – always *yoshon*

BARLEY

- GEFEN** – always *yoshon*
- MANISCHEWITZ** – 10-1-26 or 2756
- QUAKER** – 10-1-26
- UNGER** – always *yoshon*

BEER

ALL BEER MAY BE PURCHASED AND ASSUMED YOSHON AT LEAST UNTIL 12-15-25

BREAD AND CORN FLAKE CRUMBS

- GEFEN** – always *yoshon*
- JASON** – always *yoshon*
- KELLOGG'S** – 10-1-26
- KINERET (Made in Israel)** – always *yoshon*
- LIEBER'S** – TBD
- KIKKOMAN PANKO** – 4-1-27
- B'GAN** – with *yoshon* label only



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CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley or oats, use 9-15-24*).

1. **BARBARA**
 - Oats – 10-1-26
 - Wheat – 10-1-26
 - Original – 5-8-26
2. **CASCADIAN FARMS**
 - Granolas – 10-22-26
 - Other cold cereals – 10-22-26
3. **CREAM OF WHEAT** – 10-1-26
4. **GENERAL MILLS**
 - Oats – TBD
 - Wheat – always *yoshon*
 - Barley – 10-1-26
5. **KASHI**
 - Oats – TBD
 - Wheat – always *yoshon*
6. **KELLOGG'S** (if made in Europe always *yoshon*)
 - Oats – 10-1-26
 - Wheat – 10-1-26
 - Barley – 10-1-26
 - Malt – 12-15-26
7. **KEMACH**
 - Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – always *yoshon*
 - Corn Crisp, Bunch 'O Krunch – TBD
8. **MALT-O-MEAL**

Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.

 - if contains only oats – 10-1-25 packing date
 - if contains only wheat – 10-1-25 packing date
 - if contains only barley – 10-1-25 packing date
 - 9 mos from packing – Berry Colossal Crunch
 - 10 mos from packing – Blueberry Muffin Tops, Honey Graham Squares, Coco Roos, Honey Nut Scooters
 - 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
 - 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
 - 18 mos from packing – Quick Rolled Oats
 - 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina
9. **NATURE VALLEY** – 10-1-26 (except if produced in S America)
10. **POST**
 - Oats – 9-15-26
 - Wheat – *yoshon*
 - Barley – 10-1-26
 - Malt – 12-15-26
11. **QUAKER (USA)** [In EY and EU with KF *hechsher* are always *yoshon*]
 - Chewy Granola Bars, Chewy 90 Cal Low Fat Granola Bars, Granola Bites 90 Cal – 5-23-25
 - Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Real Medleys Hot Cereals, Breakfast Cookies – 5-23-25

- Cocoa Bumpers, Graham Bumpers, Peanut Butter Bumpers, Toasted Oat Bran, High Fiber Instant Oatmeal Packets, Cap'n Crunch, Corn Bran Crunch, King Vitaman, Natural Granola, Oatmeal Squares, Oh!'s, Puffed Wheat, Quisp – 6-23-25
 - Life – Instant Oatmeal Packets (Original, Apples & Cinnamon, Fruit & Cream, Maple & Brown Sugar, Raisin, Date, & Walnut, Raisins & Spice, Choc Chip, All Lower Sugar) – 9-23-25
 - Oats (Rolled, Instant, Old Fashioned) – 3-23-26
12. **SHOPRITE BOWL & BASKET**
 - Instant Oatmeal – 3-13-27
 - Cold Cereal – info not available
 13. **STOP & SHOP/GIANT**
 - Cereal
 - With oats – 10-1-26
 - With wheat – 10-1-26
 - Oatmeal – 10-1-26
 14. **TARGET GOOD & GATHER**
 - Instant Organic Oatmeal – 10-1-26
 15. **WALMART**
 - Quick Oats – 3-28-27
 - Bran Flakes – 10-1-26

CHOW MEIN NOODLES

1. **EDEN** – with *yoshon* label only
2. **GLICKS** – TBD
3. **KEMACH** – TBD
4. **STREIT'S** – always *yoshon* unless labeled *chodosh*
5. **LIEBER'S** – TBD
6. **LA CHOY** – info not available

EGG ROLL/WONTON WRAPPERS

1. **GEFEN Egg Roll and Won Ton Wrappers** – always *yoshon*
2. **GOLDEN BOWL**
 - Won Ton Wraps – code 012510
 - Spring Roll Wrappers – 10-1-26
3. **DEPENDABLE** – always *yoshon*
4. **NASOYA Egg Roll and Won Ton Wrappers** – TBD
5. **WON TON FOOD Co** – code 10125 (any letters are irrelevant)
6. **B'GAN** – with *yoshon* label only

FLOUR

1. **All Purpose Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GIANT/STOP & SHOP** – 9-2-26
 - **GLICKS** – with *yoshon* label only
 - **GOLD MEDAL** (all mills) winter wheat (if *machmir* for *bitul*) – 9-2-26; malt – TBD
 - **HECKERS** – always *yoshon* (malt TBD)
 - **KEMACH** – with *yoshon* label only
 - **KING ARTHUR** – 5lb bags 9-2-26, 50lb bags 9-2-25
 - **PILLSBURY** – 9-2-26
 - **SHOPRITE/BOWL & BASKET** – 3-1-27
 - **TARGET/MARKET PANTRY/GOOD & GATHER** – TBD
2. **Whole Wheat Flour**
 - **DEPENDABLE** – with *yoshon* stamp only
 - **GOLD MEDAL** (all mills) – 2-18-26
 - **HECKERS** – always *yoshon* (malt TBD)
 - **KEMACH** – with *yoshon* label only
 - **KING ARTHUR** – 5lb bags 9-2-26, 50lb bags 9-2-25
 - **PILLSBURY** – 9-2-26
 - **TARGET/MARKET PANTRY/ GOOD & GATHER** – 2-24-26



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3. Bread Flour (High-Gluten Flour)

- **DEPENDABLE** – with *yoshon* stamp only
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL** (all mills) winter wheat (if *machmir* for *bitul*) – 9-2-26; malt – TBD
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags 9-2-26, 50lb bags 9-2-25
- **PILLSBURY** – TBD
- **TRADER JOE'S** – TBD
- **HECKERS** – always *yoshon*

FROZEN/MISCELLANEOUS

1. **ALLE/MEAL MART** Frozen Products – always *yoshon*
2. **APOLLO** Fillo Dough – 10-1-26 or 2755
3. **DR. PRAEGER'S**
 - Oats – 10-1-27
 - Wheat – 10-1-27
4. **FRENCH'S** French Fried Onions: 10-1-27
5. **GOLDEN**
 - Blintzes – 10-1-27
 - Potato pancakes – TBD
6. **KOSHERRIFIC** Fish Sticks – always *yoshon*
7. **MCCAIN** Fries (that contain flour, e.g. spicy fries): no *yoshon* info
8. **MEHADRI** Cookies & Cream Ice Cream – TBD
9. **PEARL MILLING CO** (formerly **AUNT JEMIMA**)
 - Pancakes – TBD
 - Waffles – 10-1-27
10. **PRIDE OF THE FARM** Cookie Dough Ice Cream – always *yoshon*
11. **SHINDLER'S** Products – always *yoshon*
12. **TOFUTTI** Cuties – TBD
13. **TRADER JOE'S** Potato Pancakes – TBD
14. **UNGAR'S** Fish – always *yoshon*

ICE CREAM CONES

The following brands of sugar cones, cake cones and waffle cones are always *yoshon*: **ESSENTIAL EVERYDAY, JOY, SHOPRITE BOWL & BASKET, TRADER JOE'S, WALMART GREAT VALUE, WHOLE FOODS 365**

KISHKE

The following brands are always *yoshon*: **A&B, BENZ'S, MEAL MART, UNGER'S**

LICORICE/CANDY

1. **DARRELL LEA** – 10-1-26
2. **JOLLY RANCHERS** – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – TBD
4. **PASKESZ** Sour Sticks/Belts – always *yoshon*
5. **RED VINES** – always *yoshon*
6. **SHNEIDER'S CANDY PLANET** – *yoshon*
7. **SOUR PUNCH Twists** – always *yoshon*
8. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*

NOODLES/PASTA

1. **ALDI** Pasta & Egg Noodles – 8-1-27
2. **BARILLA**
 - ProteinPLUS Pasta – 8-1-26
 - Whole Grain – 2-1-27
 - Lasagna – 4-1-27
 - Other pastas and orzo – 4-1-28
3. **CALIFORNIA DELIGHT** – always *yoshon*

4. **EDEN** – with *yoshon* label

5. **ESSENTIAL EVERYDAY** – 8-1-27

6. **GEFEN** Ramen Noodles – Not *yoshon*

7. **GIANT/STOP & SHOP** – 8-1-27

8. **GOODMAN'S**

- Pasta – 8-1-28
- Egg noodles – 8-1-28

9. **HODGSON MILLS** Couscous – TBD

10. **KEMACH**

- Egg noodles – TBD
- Other pasta products – TBD

11. **MANISCHEWITZ** – 8-1-28 or 2148

12. **MOTHER'S** – code 2147

13. **SAN GIORGIO**

- Egg Noodles – 8-1-27
- Oven Ready Lasagna – 8-1-27
- Pasta – 8-1-27

14. **NEAR EAST** Couscous, Pilaf with Orzo – 8-1-26

15. **NO YOLKS** – Egg: 8-1-27 | Non-Egg: 8-1-28

16. **PENNSYLVANIA DUTCH** Egg Noodles – 8-1-27

17. **RALPH'S** – 8-1-27

18. **SHOPRITE** Bowl & Basket – 8-1-27

19. **STREIT'S** – always *yoshon* (except chow mein)

20. **TRADER JOE'S** Pasta – 8-1-28 | Organic/Specialty Pasta – 8-1-27

PIE CRUSTS/PASTRY DOUGH

1. **APOLLO** Fillo Dough – 10-1-26
2. **GEFEN** Pastry Dough – always *yoshon*
3. **GLICKS** Graham Cracker Pie Crusts – always *yoshon*
4. **KEEBLER** Pie Crusts – TBD
5. **KEMACH**
 - Graham Pie Crust – TBD
6. **MECHEL'S** – All *yoshon*
7. **MOTHER'S** Graham Cracker Pie Crust – TBD
8. **PEPPERIDGE FARM** – 10-1-26
9. **UNGAR'S** Pastry Dough – always *yoshon*

SOUP/SOUP MIXES

1. **GEFEN** Noodle Soup Cup – not *yoshon* if purchased after 9-15-24*
2. **KEDEM** – TBD
3. **KEMACH**
 - Onion, split pea – with *yoshon* label only
 - Vegetable – TBD
 - Minestrone – TBD
4. **LIEBER'S** – TBD
5. **MANISCHEWITZ**
 - Noodle/Pasta – 8-1-25 or 2146
6. **SHOPRITE**
 - Soup mixes – TBD
 - Canned (except tomato) – TBD
 - Canned Tomato Soup – TBD
7. **STREIT'S** – always *yoshon*
8. **TRADITION** – 10-1-26

VINEGAR

1. **Regular Vinegar** has no *chodosh* concern.
 2. **Malt, Tarragon, or Salad Vinegar** – TBD
- HEINZ**
- Malt vinegar – 6-15-28
 - Tarragon and Salad – 12-15-28