



Current as of September 14, 2023

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INGREDIENTS OF CONCERN

- Any type of **Grain** (Wheat, Barley, Oats)
- **Grain Flour** (Wheat, Barley, Oats)
- **Malt**
- **Wheat Germ**

INGREDIENTS NOT OF CONCERN

- **Spelt** (in/from USA and Canada)
- **Maltodextrin** (USA only; Europe may be *chodosh*)
- **Rye**
- **Food Starch**
- **Yeast**

PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
 1. Rabbi O.Y. Westheim of Manchester
 2. Kedassia of London
 3. Rabbi Schneebalg
- **Soy, Teriyaki and Tamari** sauces

PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED (If purchased after, see the next section.)

- **Soft FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – Sept 1, 2023)
- **Soft PACKAGED** baked goods – Sept 1, 2023
- **Noodles and Pasta** – Sept 1, 2023
- **Barley** – Sept 15, 2023
- **Oats** – Sept 1, 2023
 1. GENERAL MILLS Oats Cereals – TBD, not before October
 2. Other Oat Cereal Companies – TBD
- **Malt** – *yoshon* until Mar 15, 2024
- **Beer** – Dec 15, 2023

FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2323), represent the Julian date (232 is the day and 3 is the year). If the listed code is 2323 (i.e. Aug 20, 2023) then the code on the package can be 232 or lower.

BAKED PRODUCTS

1. **BETTY CROCKER Mixes** – mixes are *yoshon*; pizza crusts – 8/27/24
2. **Cookies and Crackers**
 - BLOOM'S** Cookies – always *yoshon*
 - KEMACH**
 - **Grahams & Crackers** – always *yoshon*
 - **Cookies** – with *yoshon* label only
 - **Breadsticks** – TBD
 - **Flat breads** – TBD
 - **Ice Cream Cones** – with *yoshon* label only
 - **Other Kemach products** – with *yoshon* label only
 - LIEBER'S** – *yoshon* at least until after Sukkos
 - PAS** – with *yoshon* label only. For items already purchased: hot dogs & hamburger buns – not *yoshon*; wraps – Sept 13, 2023; lavash – 2513 or lower
 - STELLA D'ORO**
 - **Breakfast treats, toast and biscotti** – Feb 24, 2024*
 - **Sponge Swiss Fudge Cookies** – Dec 26, 2023*
 - **100 Calorie Packs** – Apr 25, 2024*
3. **DUNCAN HINES MIXES**
 - **Brownies, Cookies, Muffins** – Feb 20, 2025
 - **All other mixes** – Aug 20, 2024
4. **Matza** (including **Matza Meal**) – always *yoshon*

5. Pretzels (Hard)/Snacks

- **HADDAR** – with *yoshon* label only
- **HERR'S** – Nov 27, 2023*
- **LANDAU'S** – Sept 1, 2024* | w/ oats – Mar 1, 2024*
- **LIEBER'S** – *yoshon* at least until after Sukkos
- **NEW YORK PRETZEL** – Aug 20, 2024
- **UTZ Honey Wheat** – Dec 24, 2024*
- **PRINGLES** (some contain wheat) – code L3232*
- **WISE**
 - .75 oz. & 1.75 oz – Jan 21, 2024*
 - 3.25 oz. – Dec 17, 2023*
 - 8.75 oz. – Nov 26, 2023*
- **GOLDEN FLUFF** – always *yoshon*
- **KITOV** – Sept 1, 2024*
- **SNACK FACTORY** – Sept 1, 2024*
- **BLOOM'S** – *yoshon* (malt may be *chodosh*)

6. Pretzels (Soft) – Sept 1, 2023***7. Waffles & Pancakes**

- **EGGO Waffles and Pancakes:**
 - With oats – Dec 2, 2024*
 - Just wheat – Dec 1, 2024*
- **EGGO Thick & Fluffy French Toast/Pancake Bites** (single serve packets) – Sept 1, 2024*
- **KEMACH Pancake Mix** – always *yoshon*
- **PEARL MILLING CO** – formerly Aunt Jemima
 - Dry Mixes with malt: (Dry mixes without malt always *yoshon*)
 - Pancakes – Oct 17, 2024*
 - Waffles – Jan 20, 2024*
 - Frozen:
 - Pancakes – Jun 2, 2024*
 - Waffles – Jan 16, 2024*

BAKING SPRAY WITH FLOUR (If they don't have flour, there is no concern)

1. **BAKER'S JOY** and **CRISCO** – always *yoshon*
2. **MISHPACHA** – always *yoshon*
3. **PAM** – Aug 20, 2025
4. **GLICKS** – TBD

BARLEY

ALL BARLEY IS YOSHON AT LEAST UNTIL A PURCHASE DATE OF 9/15/23

BEER

ALL BEER MAY BE PURCHASED AND ASSUMED YOSHON AT LEAST UNTIL 12/15/23

BREAD AND CORN FLAKE CRUMBS

1. **GEFEN** – always *yoshon*
2. **JASON** – always *yoshon*
3. **KELLOGG'S** – Dec 15, 2025*
4. **KINERET (Made in Israel)** – always *yoshon*
5. **LIEBER'S** – *yoshon* until at least after Sukkos
6. **MISHPACHA** – TBD
7. **KIKKOMAN PANKO** – Mar 3, 2025*
8. **B'GAN** – with *yoshon* label only

CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley, use date Sept 15, 2023*. For oats, use Sept 1, 2023*).

1. BARBARA

- **Oats** – Sept 1, 2024*
- **Wheat** – Sept 1, 2024*
- **Original** – Apr 25, 2024*



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2. CASCADIAN FARMS

- Cinnamon Raisin Granola – Apr 28, 2024*
- Raisin Bran, Purely O's – May 28, 2024*
- Hearty Morning, Clifford Crunch, Honey Granola, Honey Nut O's – Jun 28, 2024*

3. CREAM OF WHEAT – Sept 1, 2024***4. GENERAL MILLS**

- Oats – *yoshon* until October at least*
- Wheat – always *yoshon*
- Barley – Sept 15, 2024*

5. KASHI

- Oats – *yoshon* until October at least*
- Wheat – always *yoshon*
- Kashi Soft Cereal Bars – May 31, 2024*
- Kashi Pilaf – Sept 1, 2023*

6. KELLOGG'S(if made in Europe always *yoshon*)

- Oats – Sept 1, 2024*
- Wheat – Sept 1, 2024*
- Barley – Sept 15, 2024*
- Malt – Dec 15, 2024*

7. KEMACH

- Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – always *yoshon*

- All Other – TBD

8. MALT-O-MEAL

Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.

- if contains only oats – Sept 1, 2023* packing date
- if contains only wheat – Sept 1, 2023* packing date
- if contains only barley – Sept 15, 2023* packing date
- 9 mos from packing – Berry Colossal Crunch
- 10 mos from packing – Blueberry Muffin Tops, Cinnamon Toasters, Honey Graham Squares, Coco Roos, Honey Nut Scooters
- 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
- 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
- 18 mos from packing – Quick Rolled Oats
- 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina

9. NATURE VALLEY – Sept 1, 2024* (except if produced in South America)**10. POST**

- Oats – Nov 1, 2024*
- Wheat – *yoshon*
- Barley – Sept 15, 2023*
- Malt – Dec 15, 2024*

11. QUAKER (USA) [In EY and EU with KF *hechsher* are always *yoshon*]

- Chewy Granola Bars – Apr 17, 2024
- Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Oatmeal Express – Feb 28, 2024
- Life – Aug 15, 2024
- Oats (rolled, instant oatmeal) – Feb 23, 2025

12. SHOPRITEHot Cereal:

- Oat Cereal & Oatmeal – info not available
- Wheat – info not available

Cold Cereal: info not available**13. Stop & Shop/Giant**

- Cereal
 - With oats – Sept 1, 2024*
 - With wheat – Sept 1, 2024*
- Oatmeal – Sept 1, 2024*

14. WALMART

- Quick Oats – Feb 29, 2025*
- Bran Flakes – Sept 1, 2024*

CHOW MEIN NOODLES

1. EDEN – with *yoshon* label only
2. KEMACH – with *yoshon* label only
3. STREIT'S – always *yoshon* unless labeled *chodosh*
4. LIEBER'S – currently *yoshon*
5. MISHPACHA – TBD
6. LA CHOY – info not available

EGG ROLL/WONTON WRAPPERS

1. GEFEN Egg Roll and Won Ton Wrappers – TBD
2. GOLDEN BOWL
 - Won Ton Wraps – code 012309*
 - Spring Roll Wrappers – Sept 1, 2024*
3. DEPENDABLE – always *yoshon*
4. NASOYA Egg Roll and Won Ton Wrappers – Oct 5, 2023
5. WON TON FOOD CO. – code 90123* (any letters are irrelevant)
6. B'GAN – with *yoshon* label only

FLOUR**1. All Purpose Flour**

- DEPENDABLE – with *yoshon* stamp only
- GIANT/STOP & SHOP – Aug 20, 2024
- GLICKS – with *yoshon* label only
- GOLD MEDAL (KC) winter wheat (if *machmir* for *bitul*) – 8-19-24; also has malt.
- GOLD MEDAL (other mills) winter wheat (if *machmir* for *bitul*) – 8-9-24; also has malt.
- HECKERS – always *yoshon* (if contains malt – Dec 15, 2022)
- KEMACH – with *yoshon* label only
- KING ARTHUR – 5lb bags Aug 31, 2024, 50lb bags Aug 31, 2023
- MISHPACHA – always *yoshon*
- PILLSBURY – Aug 20, 2024
- SHOPRITE – Aug 20, 2024
- TARGET/MARKET PANTRY Flour – Aug 20, 2024

2. Whole Wheat Flour

- DEPENDABLE – with *yoshon* stamp only
- GOLD MEDAL KC – Aug 19, 2024
- GOLD MEDAL (other mills) – Aug 9, 2024
- HECKERS – always *yoshon* (if contains malt – Dec 15, 2022)
- KEMACH – with *yoshon* label only
- KING ARTHUR – 5lb bags Aug 27, 2023, 50lb bags Aug 27, 2022
- MISHPACHA – always *yoshon*
- PILLSBURY – Aug 15, 2023
- TARGET/MARKET PANTRY – Aug 20, 2024



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3. Bread Flour (High-Gluten Flour)

- **DEPENDABLE** – with *yoshon* stamp only
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL KC** winter wheat (if *machmir* for *bitul*) – 8-19-24; also has malt.
- **GOLD MEDAL** (other mills) winter wheat (if *machmir* for *bitul*) – 8-9-24; also has malt.
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags Aug 31, 2024, 50lb bags Aug 31, 2023
- **MISHPACHA** – always *yoshon*
- **PILLSBURY** – Aug 20, 2024
- **TRADER JOE'S** – Aug 20, 2024
- **HECKERS** – always *yoshon*

FROZEN/MISC.

1. **ALLE/MEAL MART Frozen Products** – TBD
2. **APOLLO Fillo Dough** – Sept 1, 2024* or 2434*
3. **DR. PRAEGER'S**
 - Oats – TBD
 - Wheat – TBD
4. **FRENCH'S French Fried Onions: Sept 1, 2025***
5. **GOLDEN**
 - Blintzes – Sept 1, 2025*
 - Potato pancakes – TBD
6. **MCCAIN Fries** (that contain flour, e.g. spicy fries): no *yoshon* info
7. **PEARL MILLING CO** (formerly **AUNT JEMIMA**)
 - Pancakes – Jun 2, 2024*
 - Waffles – Sept 1, 2025*
8. **SHINDLER'S Products** – always *yoshon*
9. **TOFUTTI Cuties** – Code 2433*
10. **TRADER JOE'S Potato Pancakes** – TBD
11. **UNGAR'S Fish** – always *yoshon*

KISHKE

1. **A&B** – always *yoshon*
2. **BENZ'S** – always *yoshon*
3. **MEAL MART** – always *yoshon*
4. **UNGER'S** – always *yoshon*

LICORICE/CANDY

1. **DARRELL LEA** – Sept 1, 2024*
2. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – TBD
4. **JOLLY RANCHERS** – always *yoshon*

NOODLES/PASTA

1. **BARILLA**
 - ProteinPLUS Pasta – Aug 6, 2024*
 - Whole Grain – Feb 27, 2025*
 - Lasagna – Apr 27, 2025*
 - Other pastas and orzo – Apr 27, 2026*
2. **CALIFORNIA DELIGHT** – always *yoshon*
3. **EDEN** – with *yoshon* label
4. **GEFEN Ramen Noodles** – TBD
5. **GIANT/STOP & SHOP** – Aug 27, 2026*
6. **GOODMAN'S**
 - Pasta – Aug 27, 2026*
 - Egg noodles – Aug 27, 2026*
7. **KEMACH**
 - Egg noodles – 1-30-25*

- Other pasta products – always *yoshon*
8. **MANISCHEWITZ** – Aug 27, 2025* or 2344*
 9. **MISHPACHA** – always *yoshon* (except chow mein)
 10. **MOTHER'S** – code 2395*
 11. **MUELLER & SAN GIORGIO**
 - Egg noodles – Aug 27, 2026*
 - Pasta – Aug 27, 2026*
 12. **HODGSON MILLS Couscous** – TBD
 13. **NEAR EAST Couscous** – TBD | with barley only – TBD
 14. **RALPH'S** – Aug 27, 2026*
 15. **SHOPRITE Pasta: 08 27 25***
 16. **STREIT'S** – always *yoshon* (except chow mein)
 17. **SYSCO** – code 27083*
 18. **WALMART** – info not available. (Call company with code on package. If produced before Sept 1, 2023* it is *yoshon*.)

PIE CRUSTS/PASTRY DOUGH

1. **APOLLO Fillo Dough** – Sept 1, 2024
2. **GEFEN Pie Crusts** – TBD
3. **GLICKS Graham Cracker Pie Crusts** – TBD
4. **KEEBLER Pie Crusts** – TBD
5. **KEMACH**
 - Chocolate Pie Crust – always *yoshon*
 - Graham Pie Crust – TBD
6. **MECHEL'S** – All *yoshon*
7. **MISHPACHA Pie Crust** – always *yoshon*
8. **MOTHER'S Graham Cracker Pie Crust** – TBD
9. **PEPPERIDGE FARM** – info not available. (Call company with code on package. If produced before Sept 1, 2023* it is *yoshon*.)
10. **UNGAR'S Pastry Dough** – always *yoshon*

SOUP/SOUP MIXES

1. **GEFEN Noodle Soup Cup** – TBD
2. **KEDEM** – TBD
3. **KEMACH**
 - Onion, split pea – with *yoshon* label only
 - Vegetable – with *yoshon* label only
 - Minestrone – with *yoshon* label only
4. **LIEBER'S** – always *yoshon*
5. **MANISCHEWITZ**
 - Barley – Sept 1, 2023* or 2433*
 - Noodle/Pasta – Aug 27, 2023* or 2394*
6. **MISHPACHA Matzo Ball Mix** – always *yoshon*
7. **OSEM** – all Israeli products are *yoshon*
8. **SHOPRITE**
 - Soup mixes – TBD
 - Canned (except tomato) – TBD
 - Canned Tomato Soup – TBD
9. **STREIT'S** – always *yoshon*
10. **TRADITION** – always *yoshon*

VINEGAR

1. **Regular Vinegar** has no *chodosh* concern.
2. **Malt, Tarragon, or Salad Vinegar** (purchased after Dec 15, 2023)
HEINZ
 - Malt vinegar Jun 15, 2026*
 - Tarragon and Salad Dec 15, 2026*