

PARSHAS RE'EH

ת"ס

Motiv8

M8

with R' Ori Strum



PARSHAH OVERVIEW

In Moshe's second farewell address to the Jewish people, he begins by showing the people that they have a choice between a life of blessing and a life of curse. Some of the highlights include: Mishkan Shiloh and the Temple, the holiness of the Jewish people, laws of forbidden foods, charity, holidays, and more.



Scan to join the
Motiv8 WhatsApp chat

PARSHAH STATS

Pesukim - 126

Words - 1,932

Letters - 7,442

Mitzvos - 55



QUOTABLE QUOTE

"It is the space we create for one another that allows love to be like sunlight to a flower, not like a tree to the plants that grow beneath."

Rabbi Jonathan Sacks zt"l

GEMATRIA



The word היום appears in Tanach a whopping total of 458 times! Interestingly, the gematria of נחת is 458. Each day of our lives, we are meant to live in the present of TODAY and provide a נחת רוח to Hashem.

THOUGHTS IN CHASSIDUS

The Meor V'shemesh explains אנכי נתן how the personality of a person is designed in such a way that he is comprised of two opposites, namely, blessing and curse (good and bad). When a person serves Hashem properly, he uplifts the tzad of ברכה to קללה.



DID YOU KNOW



According to BetterUp, Living in the present offers many benefits. Why is focusing on the present important? Because it contributes to your energy levels and motivation to achieve your goals. Focusing on the present makes you a better listener for your loved ones and increases your awareness of your surroundings.

QUICK VORT

There is an inner drive to practice certain customs that are "known" to be a segula for something.

In our very Parshah, perhaps we can learn about a segula straight from the holy Torah.

The passuk states: You shall be לעם סגולה, a treasured nation. But we can read this in another way.

You know what the greatest, most authentic segula is? לעם - to be a nation, to live with achdus, brotherhood and togetherness.

When the Jewish people realize they are all בנים אתם - children of G-d - and we take pride in being an עם - a unified nation - then that is a recipe for the greatest possible segula.

May we strive to respect each other and love our fellow brothers and sisters.

Have a holy Shabbos!