

PARSHAS NASSO

ת"ס

Motiv8

M8

with R' Ori Strum



PARSHAH OVERVIEW

The various duties of Gershon, Kehos, and Merari are described. The lengthy passage of Sotah and Nazir are discussed, followed by the listing of the offerings of the 12 Tribal leaders. Finally, the dedication of the Altar and the Divine communication with Moshe is discussed.



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PARSHAH STATS

Pesukim - 176

Words - 2,264

Letters - 8,632

Mitzvos - 18



QUOTABLE QUOTE

"History does not give rise to hope; hope gives rise to history."

Rabbi Jonathan Sacks zt"l

GEMATRIA



Someone who lives in the middle path, and not in the "extreme" will experience שמחה, a life of joy. Perhaps, this idea is hinted to in the fact that the gematria of סוטה and נזיר together (with kolel) equals 348, the same as שמח.

THOUGHTS IN CHASSIDUS

The Chasam Sofer explains the Mishnah (Avos 5:6): ואלא כבו גשמים... - "the rains did not extinguish the fire of the woodpile" to mean as follows: when involving oneself in גשמיות, it should be done in moderation, and not to the extent that it gets rid of spirituality, and the same is true the other way.



QUICK VORT

It's very interesting that the Torah places the discussion of Sotah and Nazir right next to each other.

If you think about it, they are both "extreme" cases of drinking. The Sotah must drink in order to figure out her situation, and the Nazir abstains completely from drinking.

The Chasam Sofer explains that these two extremes teach us the importance of not going to either extreme; a Jew is meant to take the middle path!

This is such a practical message that we are being taught:

Be regular, be normal. Don't be too extreme in your service of Hashem.

It is possible to have an unhealthy relationship with a dog, a person, a neighbor, and even Hashem. Let us strive to not be too extreme!

Have a holy Shabbos!

DID YOU KNOW



Perfectionism is an extreme. According to the Harvard Business Review, research has found the psychology of perfectionism to be rather complex. Although they strive for flawless work, and have high levels of motivation, they are also more likely to experience higher levels of stress, burnout, and anxiety!