

BEREISHIS

WEEKLY BNOS YISROEL

KOSHER FOOD DISTRIBUTION

for all children 18 and under

WHAT'S IN THE BOX THIS WEEK?



NEW
ITEM!

100% FRUIT SMOOTHIES



NEW
ITEM!

MOZZARELLA STICKS



FROZEN PIZZA



SLICED TURKEY



CRANBERRY SAUCE



OMEGA-3 TRAIL MIX



MIXED VEGETABLES



CLEMENTINES

NOT TO BE CONFUSED WITH THE CLEMENTES, OF FORBES FIELD FAME



YOGURT



PARSHAS BEREISHIS
BLACK & WHITE COOKIES

OR ARE THEY WHITE & BLACK COOKIES?

Due to supply line issues in these times it may be necessary to substitute on occasion.



THURSDAY OCTOBER 15TH 11AM - 8PM

AT MMAE

7000 ROCKLAND HILLS DRIVE
BALTIMORE MD 21209

PLEASE DO NOT UPSET THE NEIGHBORS BY ARRIVING EARLY

Please have front passenger window partially lowered for communication purposes and rear window completely lowered or trunk opened.

SHOW A SIGN

Not having a clear sign delays the entire operation

NO CELL PHONES

Any driver holding a phone will be asked to leave



DRIVERS AND PASSENGERS
MUST HAVE MASKS COVERING MOUTHS AND NOSES



LAST NAME
ADAMS*

OF KIDS

3

NAMES/AGES OF KIDS

**CAIN-9
ABEL-9
SETH-4**

* Suggestions for random names for the future should be sent to info@covidfoodbox.com

Thank you to
MMAE

NEXT WEEK, PICKUP WILL BE ON
THURSDAY, OCT 22 AT MMAE, INCLUDING
PARSHAS NOACH COOKIES!



GREAT MEAL IDEAS FROM @SWEETANDGOODCATERING USING ITEMS IN THIS WEEK'S FOOD BOX

THIS WEEK THE TORAH PORTION IS BEREISHIS -



and what better way to help kids remember that G-d created the sun and moon - than Black and White Cookies!!!! This is a great Shabbos treat - and a launching point for what they learned this week (and you can see what else they remembered).

CRANBERRY & TURKEY CRACKERS

Makes 8 crackers

This is another great kid friendly appetizer. Anything they can pick up on a cracker is fun - and, if they can make it themselves, they'll feel even better about the dish.

2 tightly rolled turkey deli slices,
cut into 4 pieces

4 teaspoons cranberry sauce
(smushed up)

*8 Crackers

*Fresh Dill (optional, garnish)

On each cracker place 1/2 teaspoon of cranberry sauce, place a rolled piece of turkey on top and a sprig of dill on top of that. A super fun and easy appetizer! You can also use apples and pastrami with russian dressing (or your preferred dressing) on the cracker.

**Not included in the box, but might already be in your fridge*



SNAIL CLEMENTINE:

This is an easy kid food project. To easily make the snail "body" - I removed a circle from the top and bottom of the clementine. I peeled off the remainder of the peel in one section. Then I used scissors to make the snail "antenna", and a sharpie and made a cute face (my son even said to make one with a mask on!). The actual fruit acts as the "shell" and the peel acts as the body of the snail.



ADDITIONAL IDEAS OF WHAT YOU CAN DO WITH THE REST OF THE BOX:

- ✕ Fry the MOZZARELLA STICKS in an inch of oil
- ✕ Make GREEN BEANS with teriyaki sauce and garlic
- ✕ Hide the SMOOTHIE as soon as you get it! Use the smoothie as a reward - for schoolwork, helping around the house, being nice, etc.
- ✕ SNACK MIX BAGS - are a perfect zoom snack - when everyone is hungry and lunch is still a bit away.

A FEW OF LAST WEEK'S CONTEST ENTRIES:



NEXT CONTEST!!!

CUTEST CLEMENTINE!!!

Send your pictures of
your clementine
snails/food projects.



WE REALLY WANT TO HEAR FROM YOU!!!



What fun things did you make with
your box? Send us a picture (or just
your ideas) so we can share them!

info@covidfoodbox.com