

The O'Fishel Brachos Calendar Checklist

Name _____ Age (if under 20) _____

Phone _____

Address _____

Week 1	Bracha Code/Initials				
Sun, Feb. 19 כ"ח שבט	○	○	○	○	○
Mon, Feb. 20 כ"ט שבט	○	○	○	○	○
Tue, Feb. 21 ל' שבט	○	○	○	○	○
Wed, Feb. 22 א' אדר	○	○	○	○	○
Thurs, Feb. 23 ב' אדר	○	○	○	○	○
Fri, Feb. 24 ג' אדר	○	○	○	○	○
Sat, Feb. 25 ד' אדר	○	○	○	○	○

For extra raffle tickets *I recited & documented 100 Brachos at least 1 day this week*

(Adult's Signature)

STORE
VALIDATIONS

SEE BACK PANEL FOR THIS WEEK'S PRIZE(S) & PICKUP INFO

Week 2	Bracha Code/Initials				
Sun, Feb. 26 ה' אדר	○	○	○	○	○
Mon, Feb. 27 ו' אדר	○	○	○	○	○
Tue, Feb. 28 ז' אדר	○	○	○	○	○
Wed, Mar. 1 ח' אדר	○	○	○	○	○
Thurs, Mar. 2 ט' אדר	○	○	○	○	○
Fri, Mar. 3 י' אדר	○	○	○	○	○
Sat, Mar. 4 י"א אדר	○	○	○	○	○

For extra raffle tickets *I recited & documented 100 Brachos at least 1 day this week*

(Adult's Signature)

STORE
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Week 3	Bracha Code/Initials				
Sun, Mar. 5 י"ב אדר	○	○	○	○	○
Mon, Mar. 6 י"ג אדר	○	○	○	○	○
Tue, Mar. 7 י"ד אדר	○	○	○	○	○
Wed, Mar. 8 ט"ו אדר	○	○	○	○	○
Thurs, Mar. 9 ט"ז אדר	○	○	○	○	○
Fri, Mar. 10 י"ז אדר	○	○	○	○	○
Sat, Mar. 11 י"ח אדר	○	○	○	○	○

For extra raffle tickets *I recited & documented 100 Brachos at least 1 day this week*

(Adult's Signature)

STORE
VALIDATIONS

SEE BACK PANEL FOR THIS WEEK'S PRIZE(S) & PICKUP INFO

CHECKLIST CONTINUES ON OTHER SIDE

2023 5M RULE:
Mitzvah Motivators Magnanimous Mevater Movement
The 100 brachos per day is now a recommendation only. Making 99 brachos or less will not disqualify you from the All-The-Brachos-You-Can-Make Buffet. Just like Mitzvah Motivators is mevater, we hope that HKB"H will be mevater on any and all of our indiscretions.

1. The purpose of this Mitzvah Motivator is to encourage people to make ברכות out loud so others can say אמן, with a minimum of five said out loud per day.
2. Each ברכה must be verified with the initials of the אמן-er. Before the initials, write the one-letter ברכה code in the circle. For example, if Anshie Goldberg heard the participant make a ברכה on a cookie, the line would read " **U** A.G."
3. The only ברכות which qualify for the out loud count are those which are preceded by a ברכה code (A, B, C, etc.).
4. If the אמן-er from שבת is not available to sign after שבת, a parent, child, friend or legal guardian or complete stranger to the participant may sign.

5. If a specific ברכה does not apply to the participant, he/she may be credited for the bracha by saying to another who is eligible to say it (e.g.: if little Chayala Schechter's father shechedta a deer, she could say כסיו דם בעפר and על השחייה ברכות).

6. In order to qualify for the Grand All-The-ברכות-You-Can-Make Buffet, you must complete the entire calendar PLUS the required amount of ברכות in categories 1, 2 & 3 must be recited and checked off at any time over the course of this program. If you are short, don't fret! Call the Mitzvah Motivator judge for a special heter (dispensation).

7. Participants may use either the Hebrew or English day as their cut-off time for saying the required ברכות.

8. If no one is available to say אמן, designated אמן-ers are available at 443-660-9132. If it's after hours, please call our **Unreasonably Late ברכות Hotline** at 443-660-9133, make your ברכה on the machine, and, after taking a bite, leave your name and number. Please do not sing benching, as others may be waiting on line. (Please note that you can not fulfill the obligation of a ברכה by hearing it over the phone. These numbers are for contest verification and documentation only).

9. In order to qualify for the weekly prizes, all calendar blanks must be completed up to that point. No missed dates allowed, with the notable 5M exception of Week 1 (Practice Week)**

10. Prizes may be redeemed only during the period indicated, are **NON-TRANSFERABLE**, and must be claimed by the actual participant (no parental pickups, please). Please do not ask for exceptions (you know who you are!)

11. All questions of rules will be decided by the O'Fishel judge, at the Mitzvah Motivators Hotline: 443-660-9132. Decisions are final, uncontestable, and occasionally even correct.

12. Program is open to men, women, boys and girls of all ages. Special dispensations may be awarded to those who need!

The Brachos program concept has been promoted and promulgated with O'Fishel permission throughout the fruited plain. To bring this program with permission and subsequent Brachos to your community, call the Mitzvah Mo Hotline: 443-660-9132.



Our American born Bubby Jennie Sorscher, a"n, along with her husband, Reverend Aaron Yoel Sorscher, zt"l, were careful to make their Brachos Out Loud. They influenced many of their children, grandchildren, great-grandchildren and great-great-grandchildren, numbering in the hundreds, to make thousands of Brachos out loud, and tens of thousands of children across the world participating in O'Fishel's Mitzvah Motivators inspired Brachos Programs to make millions of Brachos out loud today! Yehi Zichram Baruch.

You can join this program and increase the bracha for yourself, your family and Klal Yisrael today!

WEEKLY PRIZES

WEEK	PRIZE	PICK-UP
1 PRACTICE WEEK You must complete at least 1 day of the practice week to qualify for the prize.	Mitzvah MOTIVATOR CAP/ Bracha-Free Banana STRESS RELIEVER	LIEBES FAMILY 2601 SMITH AVE. Sunday, Feb. 26 (2:00 – 4:00 pm) Mon-Tues, Feb 27-28 (4:30 – 5:30 pm) For extenuating schedule challenges call 443-465-4201
	BAGEL	GOLDBERG'S BAGELS Sunday, Feb. 26 - Friday March 3
2	O'Fishel Fresh Hot Award-Winning MULTI-BRACHA CHOLENT	O'FISHEL KOSHER CATERERS at MITZVAH MOTIVATORS WORLD H.Q. Friday, March 10 (NOON – 3:00 pm)
	Ice cold SODA CAN	SAVINGS CENTER Sunday March 5- Friday, March 10
3	Shabbos-Friendly (Down) Stair-Climbing SLINKY	LASDUN FAMILY 3218 SHELburne ROAD Sunday, March. 12 (2:00 – 6:00 pm) Mon, March 13 (5:30 – 7:30 pm)
	CANDY TREAT	CANDY STORE Sunday, March. 12 - Fri. March 17
4	Pride of the Farm ICE CREAM	5901 WINNER AVENUE Sunday, March 19 3:30 – 5:30 pm
	ICE CREAM	TOV PIZZA Sun. March 19 – Fri. March 24
	BACK SCRATCHER PENS	2403 SHELLEYDALE DRIVE Mon.-Tues., March 20-21 (5:00 - 7:00 pm)
5	All-The-Brachos-You-Can-Make BUFFET + Catch A Wealcatch for A Lantern!	Date TBD Follow BJL for details

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THE ORIGINAL Brachos CONTEST 22
RENOVATED, REJEUVINATED & RECONSTITUTED



2023 5M RULE:
Mitzvah Motivators Magnanimous Mevater Movement
See Rules Panel Inside



לענין אהרון יואל בן יהודה משה לענין דוד צבי בן הרשל
לענין שיינדל בת יהודה לייב by the Goldscheider Family
לענין חונא ראובן בן משה אהרון לענין שלום ישעיה בן יצחק מרדכי פישל
Zaide Aharon Yoel & Bubbie Jennie Sorscher, who always made sure to make their Brachos loud and clear, and in whose memory this program was initiated.
לענין חיים שמואל בן הרב יצחק מרדכי לענין יוסף שמחה בן יבלי"ח שלמה יהודה רזנר
לענין ירחמיאל בן יבלי"ח ישראל גורדון לענין עזרה טוביה בן יבלי"ח נתנאל יצחק פאלאק
Say a Bracha Out Loud for a refuah shleima for our good friend ליינדל ל' Nisan to dawn for Nisan!
רפאל חיים שמואל בן חוה רייזל אריאלה בת מלכה חנה ריבה בת יהודית עלקה טובה פייגל בת שיינדל בתיה רחל בת נחמה שלמה בן חוה ריבה אברהם מנחם בן חנה ברכה רפואה שלמה לתימקון:
אלישבע חנה חיה בת אביבה אורלי חיים אורן בן אביבה אורלי

**Sunday, February 26-
Shabbos, March 25, 2023
כ"ח שבט - ג' ניסן תשפ"ג**

During the reign of King David, a terrible plague raged, killing 100 people a day from unnatural causes. It was revealed through רוח הקודש that if the people would take care to recite 100 ברכות a day, the plague would be mitigated. Since then, we have followed the Halacha to say this minimum each and every day. We hope that in this merit we will again be saved from the ravages which afflict our People today...

The O'Fishel Brachos Guide

Say 5 Brachos out loud daily with someone answering **אמן**, and you'll get great weekly prizes!

Note: This listing is not meant to be a halachic guide or a comprehensive listing of all Brachos, but rather as a reminder of various Brachos and when they are said. Some may be said only by those over Bar/Bat Mitzvah. English explanations may not be precise. Some are only said by men and some only by women. Brachos are not written out in their entirety, so please refer to a Siddur for complete text. In case of any doubt, please contact a knowledgeable authority. Any additions or clarifications to this listing are welcome via telephonic communication at 443-660-9132.

1. Common Brachos

You must say – or answer amen to – most of the Brachos in this category (aloud or quietly)

Introductory Brachos in Shacharis	ברכות השחר (15)	☐
Brachos on the Torah	ברכות התורה (2)	☐
A. After using the lavatory	אשר יצר	☐
Baruch She'amar	ברוך שאמר	☐
Yishtabach	ישתבח	☐
Before Shema of Shacharis	ברכות קריאת שמע (2)	☐
The Weekday Amida	שמונה עשרה (19)	☐
B. Washing hands before eating	על נטילת ידיים	☐

Brachos Before Eating ברכות הנהנין על המאכלים

(Atkins participants may be excused from certain of these Brachos, but must document recent weight loss)

C. Bread (or Matzah)	המוציא לחם מן הארץ	☐
D. Cookies, cake, rice, etc.	בורא מיני מזונות	☐
E. Wine/grape juice	בורא פרי הגפן	☐
F. Fruits	בורא פרי העץ	☐
G. Vegetables	בורא פרי האדמה	☐
H. None of the above (e.g.: dairy, meat)	שהכל נהיה בדברו	☐

Brachos After Eating ברכות הנהנין על המאכלים

I. After bread meals	ברכת המזון (4)	☐
J. After (grain/wine/7 species) meals – 7 possible combinations	מען שלש	☐
K. After non-grain/wine/bread meals	בורא נפשות	☐
Making Kiddush on Shabbos or Yom Tov	קידוש	☐
K1. Conclusion of Shabbos	הבדלה	☐
<i>Heter to skip this one: If your bedtime precedes Havdala, this is NOT an excuse to stay up late. (And yes, your mother knows this!)</i>		
K2. Fire (at Havdala)	בורא מאורי האש	☐
L. Before going to sleep	המפיל	☐
<i>(Please do not wake up your roommate to say this one out loud!)</i>		

We are not responsible for typos, hypos, bozos, hobos or other various and sundry errata.

2. Less Common Brachos

Say – or answer amen to – as many of the Brachos in this category as you can

M1. Seeing lightning or a great wonder of nature, experiencing an	עושה מעשה בראשית EARTHQUAKE	☐
M2. Hearing thunder	שכחו וגבורתו מלא עולם	☐
<i>However, if you hear the lightning and see the thunder, stand up immediately and say: נעשה ונשמע!</i>		
M3. Wearing new clothes, Yom Tov, A parent says on the birth of a girl	שהחיינו	☐
M4. Before reciting Hallel	לקרוא את ההלל	☐
N. Upon taking a journey	תפילת הדרך	☐

Brachos Upon Fragrant Scents ברכות הריח

O. Rose	בורא עצי בשמים	☐
P. Mint/leaves	בורא עשבי בשמים	☐
Q. Esrog	הנותן ריח טוב בפירות	☐
R. Cloves, combination of spices	בורא מיני בשמים	☐
S. Ritually dunking vessels (for the Bracha on dunking donuts see Bracha D)	על טבילת כלים	☐
T. New moon	קידוש לבנה	☐
U. Seeing a rainbow	זוכר הברית ונאמן בבריתו וקים במאמרו	☐
V. Deliverance from danger	ברכת הגומל	☐
W. Wedding, Sheva Brachos	שבע ברכות (7)	☐

Name Your Own Less Common Bracha: _____



3. Uncommon Brachos

Try to say – or answer amen to – at least 1 Bracha in this category, aloud or quietly.

X. Before drinking a second wine*, buying a new car together with another person, the birth of a boy	הטוב והמטיב	☐
Y. Separating challah	להפריש חלה	☐
Y2. Hanging a mezuzah	לקבוע מזוזה	☐
Z. Upon seeing the Atlantic Ocean for the first time in 30 days	שעשה את הים הגדול	☐
Z2. Upon seeing a Gadol HaDor	שחלק מחכמתו ליראיו	☐
Z3. Upon seeing a great scientist	שנתן מחכמתו לבשר ודם מאומות העולם	☐
Z4. Upon seeing a monarch (not to be confused with a butterfly or a Bush. Just please don't make a Bracha Levatala – we already had a Baraka She'eilna Tzricha!***, but now he's been Trumped!)	שנתן מכבודו לבשר ודם	☐
Z5. Cleansing hands before eating bread by dipping in a certain water source* when no vessel is available	על טבילת ידיים	☐
Z6. Redeeming a first-born son	על פדיון הבן	☐
Z7. Before ritually slaughtering an animal	על השחיטה	☐
Z8. Covering the blood of a slaughtered חיה or עוף	על כיסוי דם בעפר	☐
Z9. Budding fruit tree in Nisan	שלא חיסר בעולמו	☐

Name Your Own Uncommon Bracha: _____

**As the laws regarding this Bracha are particularly complex, please be sure to consult a competent authority before reciting.*

***But if you do have dates, the Bracha is על העץ בורא פרי העץ, followed by על העץ. Unless it's a really bad date, in which case you might have to make הגומל. On the other hand, if you have several really great dates, you can make it O'Fishel even before it's official, and end up with שהחיינו on the items you purchase with the shadchanus and you may have to make a date with your accountant...*

**** Sorry but ברכות שאינם צריכים and ברכות לבטלה, while extremely common, do not count towards the program.*

***** Sorry but משרב from bosses, spouses and louses do not count!*

*****BTW, we didn't vote for him – twice!*

Checklist

Continued from other side

Week 4

Bracha Code/Initials

Sun, Mar. 12	י"ט אדר	☐	☐	☐	☐	☐
Mon, Mar. 13	כ" אדר	☐	☐	☐	☐	☐
Tue, Mar. 14	כ"א אדר	☐	☐	☐	☐	☐
Wed, Mar. 15	כ"ב אדר	☐	☐	☐	☐	☐
Thurs, Mar. 16	כ"ג אדר	☐	☐	☐	☐	☐
Fri, Mar. 17	כ"ד אדר	☐	☐	☐	☐	☐
Sat, Mar. 18	כ"ה אדר	☐	☐	☐	☐	☐

For extra raffle tickets: "I recited & documented 100 Brachos at least 1 day this week"

(Adult's Signature)

STORE
VALIDATIONS

SEE BACK PANEL FOR THIS WEEK'S PRIZE(S) & PICKUP INFO

Week 5

Bracha Code/Initials

Sun, Mar. 19	כ"ו אדר	☐	☐	☐	☐	☐
Mon, Mar. 20	כ"ז אדר	☐	☐	☐	☐	☐
Tue, Mar. 21	כ"ח אדר	☐	☐	☐	☐	☐
Wed, Mar. 22	כ"ט אדר	☐	☐	☐	☐	☐
Thurs, Mar. 23	א' ניסן	☐	☐	☐	☐	☐
Fri, Mar. 24	ב' ניסן	☐	☐	☐	☐	☐
Sat, Mar. 25	ג' ניסן	☐	☐	☐	☐	☐

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(Adult's Signature)

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Another Project of O'Fishel's MITZVAH MOTIVATORS

Friday Night Cholent

Baltimore, MD

TEHILLAH AU TISHREI!

COUNT SEFIRA & Make Sefira COUNT!

MOSAD SNOW SHOVELING PROGRAM

Not available in Upstate New York!

O'Fishel's Summer Mavmidim Program

OUR 17TH YEAR!

Dear Mitzvah Mo', Do these 2 ברכות count? ברכה שאני צריכה. ברכה לבטלה. -Misguided Motivatee

Answer: Kids, don't try these at home or anywhere else! -Mitzvah Mo' (Mo' Mitzvahs Mo' D'time)

To Whom It May Concern,

Please excuse Avrumi's absence. He had to travel to Ocean City so he could say on seeing the Atlantic Ocean, on dipping his hands for his sandwich, on the saltwater taffy, and hugging when we got home (have you ever seen me drive?).

M4-Abba- Avrumi's Abba

For information on sponsoring one of these highly-successful non-profit Mitzvah Motivators Programs, or bringing one to another community, call the תורה אין קמח אין Hotline at 443-660-9132. If no answer, call the תורה אין קמח אין Hotline at 443-660-9132.

*THE TRUE FLOUR POWER!